

## ***Appointments and Referrals***

All patients are seen by  
appointment only.  
Referrals can be made by  
the police, lawyers, schools,  
MCYS, Juvenile and Family Courts,  
social agencies and hospitals.

**Appointment Line:** 6389 2200

**Fax :** 6534 3677

**Operating Hours:**

Mon – Fri: 8.00am – 5.00pm



***Forensic Rehabilitation,  
Intervention, Evaluation &  
Network Development Services***

# **FRIENDS**

### **CHILD GUIDANCE CLINICS**

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# FRIENDS

*FRIENDS at Child Guidance Clinic provides comprehensive and integrated multidisciplinary assessment and intervention services targeted at the following groups facing mental health issues:*

- *Young offenders*
- *Youth at risk of committing offences*
- *Victims of child abuse*
- *Children and parents involved in complex custody and access disputes*

## Who Are We?

Our multidisciplinary team comprises psychiatrists, psychologists and medical social workers. The team also collaborates with external agencies including schools, the police, voluntary welfare organisations, the Ministry of Community Development, Youth and Sports (MCYS), and other organisations that provide recreational activities and educational services for youth.



## Who Do We Help?

### Young Offenders

When a youth commits an offence, it causes significant problems to the individual as well as imposes a social, psychological and economic burden on his family, community and society at large. Often, youth offenders have mental health issues that aggravate the problem. It is hence important to identify and respond to the mental health needs of these youth.

### Youth-at-risk

In view of the above issues caused by youth committing offences, it is crucial to adopt a preventive and developmental approach in reaching out to young people who may be exhibiting anti-social attitudes and/or behaviours deemed at risk of mental health problems and brushes with the law.

### Victims of Child Abuse

Child abuse is associated with significant psychological problems including depression, anxiety, and post-traumatic stress disorder. It can lead to behavioural problems and is correlated with an increased risk of substance use, repeat victimisation and criminality in adulthood. Such outcomes can be avoided with early detection and intervention.



## What Do We Do?

- Assessment services
- Treatment services
- Support services
  - Referrals to community resources
  - Supportive training for partner agencies
  - Inter-agency consultation on mental health issues related to our target groups



*“The pressures of being a parent are equal to any pressure on earth. To be a conscious parent, and really look to that little being's mental and physical health, is a responsibility which most of us, including me, avoid most of the time because it's too hard.”*

- John Lennon